



Jesus The Lord Our Saviour

June 2015

(Not For Sale)



"I waited, I waited for Yaweh, then he stooped to me and heard my cry for help"

(Psalm 40:1)

Blessings of God be yours...



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“I waited, I waited for Yaweh, then he stooped to me and heard my cry for help.” (Psalm 40:1)

LORD, your Name is holy! LORD Your Power is great! O God! Your mercy is boundless! I lay at Your Feet. My God! I drench Your Feet with my tears. LORD ! I am unable to bear the troubles of my heart, and the burdens that press my mind! I am not even able to utter any of these!

LORD God! I suffer from fever due to these troubles of heart. I wriggle in pain unable to speak due to the ulcers in my mouth and in my stomach!

I suffer unable to express all that is in my heart! Lord I lay in wait for You. Have mercy on me O God! Incline towards me and stretch forth Your hands.

Pay heed to my groans. May my tears that drench Your Feet , come to You as prayer!

LORD lift me up from the pit, where I have fallen. LORD save me!

I thank You for the ocean of Your Mercy! LORD God I Thank You for touching me, for lifting me up and for empowering me! AMEN ! ALLELUIA !

Fr. V. Ignatius. S.J.

Beloved in Christ...



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“Peace I bequeath to you, my own peace I give you, a peace which the world cannot give, this is my gift to you. “ (John 14:27)

When God was born as Man on this earth, there was a great throng of the hosts of heaven , praising God with the words, “Glory to God in the highest heaven, and on earth peace for those he favours.”(Luke 2: 13-14)

In today’s world we see people shunting between places in search of one thing or the other. They buy so many varieties of things in exchange for money. But they wither in tiredness, unable to buy peace. Several of them get depressed even to the extent of committing suicide. A white- collared job and plenty of wealth do not give peace.

Peace, silence are rare precious gifts given by God. Only those who find mercy in the sight of God and those with an open heart are able to experience this. Those who lift their heart up to God and pray, giving God the place of prime importance will experience peace in their heart.

If we lean more and more towards the things of the world and when our heart and mind longs for it, then our mind loses its balance. This will for sure bring in dissatisfaction and a state of lack of peace.

Peace in the heart is a state of fullness of heart. When a person experiences the love of neighbour, acceptance from those near him/her, and when others acknowledge his achievements, then they call that state as being happy. But even with all these three qualities, there are some who are dissatisfied with themselves and go to the extent of attempting suicide. Why? Why do they want to just run away from the place? The reason is that they had lost their faith and hope in God! Meditate upon this! Do you seek God in all things, every time? Money and the attractions of this world, cannot give us fullness.

I wish you joy!

Fr. V. Ignatius. S. J.