



Jesus The Lord Our Saviour

March 2015

(Not For Sale)



"“ Hear the voice of my supplication , as I cry to you for help, as I lift up my hands toward your most holy sanctuary."

(Psalm 28:2)

Blessings of God be yours...



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“ Hear the voice of my supplication , as I cry to you for help, as I lift up my hands toward your most holy sanctuary.” (Psalm 28:2)

LORD! Here I come standing before Your Feet. O holy One! I lift up my hands to you. O Blessed One! I praise You. You who live within my heart, I think of You.

O LORD! You who work wonders! You who console me! I lift up my hands to You. LORD ! You who are my strength! I come running to You! LORD I come to You all exhausted. Never let me down.

LORD open Your eyes and see me. O LORD who considers this sinner as well! Please show mercy on me.

LORD You know the aches and the troubles that plague my heart!

LORD You know all the inexplicable agonies that I go through!

I have no words except to shed tears! I lift up my hands to You my LORD! My worries, the temptations, the troubles that throttle me O LORD! You know them all! I am engulfed with the fear if I would fall into a deep pit!

From all the doubts that slam upon me , from all the anger and irritations that slash against me like the waves of the sea, from all the fears, O LORD, save me.

O LORD may all the different kinds of anger and confusions be gone from me and get destroyed!

LORD Keep me within Your Holy gaze. Save me.

My LORD! O Holy One! Come and dwell in my heart!

LORD guide me that I may be pleasing to You in all ways. Come to my aid.

O LORD! I have lifted up my hands to You. Pay heed to my request.

Thank You ! my God. Thank You! Thank You for paying heed to my supplication!

Thank You My God! AMEN !

Fr.V.Ignatius.S.J.

Beloved in Christ...



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"He fasted forty days and forty nights, and afterwards he was famished."(Matthew 4:2)

Moses who wrote the divine laws of God to the Israelites, we read stayed "forty days and forty nights on the mountain."(Exodus 24:18) Jesus who came as God's 'Word' to the world, before He could call all of us saying, "Repent" (Matthew 4:17), undertook severe penance.

Jesus wishes to redeem us from this world so filled with sins and selfishness and take us to the eternal life of God. He Himself therefore fasted as a fore-runner to this.

Being freed from the allurements of this world, mastering and winning over our selfishness, to recognise the crafty designs of the evil one and tackling it, all these can never be possible solely with the human power. It is very essential that we have the Merciful strength and assistance of God.

Prayer and penance will cleanse us! God's mercy will empower us! May the sacrificial passion of Our LORD Jesus Christ be the guiding Light and the basic law for us!

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I wish you joy!

Fr.V.Ignatius.S.J.,