



Jesus The Lord Our Saviour

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(Not For Sale)



"I will meditate on your precepts, and fix my eyes on your ways." (Psalm 119:15)

BLESSINGS OF GOD BE YOURS...



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Our Saviour

**"Hear The Voice Of My Supplication, As I Cry To You For Help,
As I Lift My Hands Toward Your Most Holy Sanctuary" (Psalm
28:2)**

Lord I stand at Your Holy Feet! O Holy One ! I lift up my hands toward You! I praise You! You who lives within my heart! I think constantly of You!

O God, You who are my Comforter and the wellspring of all goodness! I lift up my hands towards You! I come running towards You! I come to You tired of heart! Do not forsake me.

Lord, You who look on all creation! Turn Your merciful gaze towards me. Lord ! Show mercy on me a sinner. You know all the troubles and aches that disturb my heart!

You know all my troubles LORD ! I cannot mention it in words but only heave a heavy sigh! There is no word other than shedding tears O LORD! I lift my hands up to You my God! You know LORD all the worries, all my temptations, and the troubles that throttle me!



LORD save me! LORD save me from all the confusions and fear that attack me!

My God! May all the anger and confusions flee away from me!

May all the enemies and worldly snares be destroyed and be lost! LORD place me within Your loving glance! Save me!

LORD ! O Holy One! Dwell within my heart! Lead me, that I may always , in every way be pleasing to You! Come to my aid.

LORD! I have lifted my hands towards Your Holy Throne!
Incline Your ears to my plea.

Thank You ! My God! Thank You my God for paying heed to my prayers! ThankYou! AMEN !

Fr. V. Ignatius. S. J.

BELOVED IN CHRIST...



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"I Will Meditate On Your Precepts, And Fix My Eyes On Your Ways. (Psalm 119:15)."

We commit so many mistakes in our life. We meditate on the mistakes , feel a sense of remorse , suffer continuously with guilt and confess our sins. We resolve to never commit the mistakes again. But after a day or after a week or later we fall into the same sinful habit we committed earlier.

For example, a person takes a resolution to never take alcoholic drink and goes to drink it the very next day. Again he feels sad about it. He becomes crest fallen . We observe that a person thus falls into the same mistakes repeatedly, during several moments of trouble. Beloved, if we were to think, 'How do we turn a new leaf from our sinful ways? ' then we should be aware of our thought a little. Even before we do an act, our thought instigates us to do so. We imagine several aspects in our thoughts. Before we could meet with a lady or a gentleman friend , we imagine the place where we are going to meet the person, , how we are going to meet the person, what are the different points we are going to speak in our conversation, all these we think ahead in our imagination.

Our imagination instigates our desires. We develop our desires solely by our imagination. Therefore, though our faults seem very negligible, the root of these faults lies in our thoughts and our imagination. When we control our thoughts and imaginations, when we correct them, we then control our desires. Only when we control our thoughts , our imaginations and our desires, can we control our actions as well. So many saints have taught us about this again and again. Let us take St. Ignatius of Loyola for example, when he wanted to repent and lead a holy life, his old thoughts kept taunting him repeatedly. When his old thoughts visited him, his old memories aroused his feelings. But he began thinking again. He took a strong resolution that if he were to correct his actions, then he should control his thoughts, his imaginations and the feelings that emerge in the background. This was how he taught the others while he preached his retreat.

This was the lesson that he taught: if you control your thoughts, if you control your imaginations, then you can control your feelings! If you are able to control your feelings, then you can control and correct your ability to perform and the methods of functioning. Beloved in Christ! Think about this! How many times you falter in your own lives? Weigh your thoughts! Weigh the imaginations that form the background to such thoughts! Think of the feelings that lay in the background. When you correct them, you can correct your plans and actions! I wish you Joy!

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BE PERFECT...



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"Be Perfect, Therefore, As Your Heavenly Father Is Perfect." (Matthew 5:48)



The best of God's characteristics is Fullness.

God is never mediocre! God is always Perfect, He is Full ! God also wishes that His children should always be perfect, as well.

God who leads us all in our life is our loving Father. He wishes that we His children should be people who are perfect ,who are whole and as an embodiment of fullness. Some are stunned when they hear these words.

They are baffled with the thought as to how we ordinary human beings could be perfect and whole , just as the heavenly Father is perfect. In the Old Testament we read the message of a beautiful vision in the Book of Isaiah chapter six.The Prophet Isaiah is blest with a beautiful vision. He saw God seated on a very high throne.

God's glory was filled every where. Seraphims who are the messengers of God were worshipping God in supplication.Each Seraphim had six wings. Covering their faces with their two wings and covering their feet with two wings, they were flying with the other two wings and serving God and worshipping Him. Then one Seraphim was telling a secret to another Seraphim. What is that secret?

" Holy, Holy, Holy Is The LORD Of Hosts; The Whole Earth Is Full Of His Glory." (Isaiah 6:3)

This Word, " Holy" belongs to God alone. When we say, "Holy", God is Fullness! He is totally different from this world! Holiness always fills His being. The Seraphims were telling each other the secret that the grace and mercy of this holy God was filling up this earth, so saw Isaiah the prophet in his vision.

It is this holiness that Our LORD Jesus too tells His disciples. " Your God is holy! Your God is perfect! Your God is fullness! You too be perfect and whole just as your God is Perfect and Whole. Our LORD reiterates His teaching asking them to be whole without being half- baked.

Once while St. Paul mentioned this to the Ephesians, in the first chapter and fourth verse, he tells them.

" He chose us in Christ before the foundation of the world to be holy and blameless before him in love."Therefore the will and plan of God is that we should be made exactly like God. God is holy! He is fullness! He tells us that before the foundation of the world, God willed that we His children should be holy and Immaculate in His presence. He re-emphasises the same in his letter to the Thessalonians. We read in the First Book to the Thessalonians , third chapter and thirteenth verse.

BE PERFECT...



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“ And May He So Strengthen Your Hearts In Holiness That You May Be Blameless Before Our God And Father At The Coming Of Our Lord Jesus With All His Saints.” (I Thessalonians 3:13)

When Our Lord comes with all His holy saints, He tells us that all His faithful should stand blameless before His Presence. Our LORD taught us these same verses as a prayer as well. In the Gospel of Matthew chapter six verses nine to ten, this is what Jesus tells us, as He teaches us to pray. “ Pray then in this way: Our Father in heaven, hallowed be your name.” Therefore the Name of God is ‘Holy!’ This was what Isaiah saw in his vision. God is holy! Just as the angels praise God, “Holy! Holy Holy!”, so too should we human beings, the faithful of God should praise God, “Holy! Holy! Holy!” along with the angels. It is not enough to simply praise, but we should desire whole-heartedly to do it. This is what Jesus teaches us. “Your kingdom come! Your will be done on earth as it is in heaven!

As He taught us to pray thus, He wished that we pray it with realization and consciousness. We should bear the prayer in our heart. God is Holy! So too should we His children bear this holiness . This is the basic truth of Our LORD’s prayer. Besides, Our Lord Himself has taught us. “ Blessed are the pure in heart, for they shall see God.” (Matthew 5:8)

God is Holy! When we remain as holy as He is, then we will see God. Just as the angels praise God, ‘Holy! Holy!’, if we human beings praise God thus, ‘Holy! Holy!’ , with a pure heart, we not only pray like the angels, we will get the greatest power and grace to see God face to face. It was the very same thought that Jesus mentioned another time. He taught us how to pray while we attempt to pray. “Not every one who says to me, ‘ Lord, Lord,’ will enter the kingdom of heaven, but only the one who does the will of my Father in heaven.” (Matthew 7:21) St. Paul taught us, what ‘God’s will’ is. In the first letter written to the Thessalonians chapter four verse three, doesn’t he teach us , “This is the will of God, your sanctification.”? They would say, Lord ! didn’t we prophecy in Your Name? Didn’t we chase the evil spirits in Your Name? Didn’t we perform marvelous deeds in Your Name?

But God replies thus: “I do not know you. You who live and act in unjust means, get away from me.” What does this mean? This means that He never minces words, but that God wants us to exactly be like Him. We may perform our deeds according to our whims and fancies. We may say and do several kinds of work or act in different ways. But what is God’s will? To be Holy like Him! To carry His image! We read in the Book of Genesis that God created man. He created them as male and female. In His own Image He created them. What is God’s Image? God’s Image is His only Son! The Holy Son of God! We say of Our LORD, “ O God Most Holy!” Once while Our Lord was praying in the temple, there was a demoniac. He recognized Our Lord and praised Him saying, “ O Holy One”, and asked “ Why do you stand here against me?” Thus , how did he recognise Our LORD Jesus Christ who is a sign of the Heavenly Father , and His own Image?

He recognized Him as being “ Holy.” Hence, God who is holy, The Son who is Holy, deign that we the faithful should bear this Holy Image and thus we are called to the holiness of God. God willed even before the world came into existence, that we should be His witnesses, as witnesses who bear His Image, as Holy people. It therefore would not suffice to merely call Him Lord Lord! We should bear the basic truth of prayer, while we pray. While we bear the Image of God, we should live as His strong witnesses. This is the basic Truth of Prayer! It is not great just to memorise prayers, or pray with bombastic, flowery words! But when we bear this holiness in our lives, we live as God’s witnesses. When we bear holiness in our hearts, we begin to pray even without saying it in words. My Beloved! Let us carry the Word of God in our heart!” Be perfect, therefore, as your heavenly Father is perfect.” “ Blessed are the pure in heart, for they shall see God.” I wish you joy!

